



## **Community Mentoring Program**

**2022-23**

### **Why mentor?**

Young people are full of potential, and Peak Education provides students with programming and opportunities to help them reach theirs. Mentors for students in 11<sup>th</sup> and 12<sup>th</sup> grades provide an important additional source of support, connection, coaching and accountability as they move through the last stages of high school and pursue their post-secondary dreams. As a professional adult who is neither their teacher nor their parent, you can help guide them, sharing your experience, your expertise, and your networks as they explore their college and career interests and identify their passions. Not only is this a great way to give back, you will meet other like-minded mentors in our community and may also find yourself learning and growing as a result of your role as a mentor.

### **Peak Education's Program**

The purpose of the Peak Ed Community Mentoring program is develop a supportive relationship and assist students (mentees) in their junior and senior years as they define their educational and career goals and apply for entrance into post-secondary institutions. This year Peak Ed is revising and expanding its program, empowering mentors to support the work of our strong college counseling program, as well as to provide mentorship in other areas relevant to educational and personal development.

All mentors and mentees will meet as a group several times a year, as well as set up their own monthly pair meetings. Topics vary based on the mentee's grade in school, the mentor's unique expertise, and their mutual interests, but will include goal setting, college and career exploration, accessing scholarships, financial literacy and budgeting, and giving back to the community. Peak Ed will provide a calendar of topics and programs for the year in August and share resources and suggested activities every month. Mentors are free to take advantage of these additional materials based on their personal preferences, styles and experiences. Time commitments vary some based on personal choice, but mentors should be able to commit a minimum of approximately 2-3 hours a month. Mentors of seniors may find it necessary to schedule more frequent meetings in the fall during the college application process. In addition to monthly meetings, some mentors keep in touch with their mentees more frequently via text or email, while others find the monthly

meetings sufficient. In person activities such as group community service projects and social events are offered as well. This is left up to individual preferences.

When possible, the mentor pairs remain together for 11<sup>th</sup> and 12<sup>th</sup> grades. Once a mentee graduates from high school, continuing mentors take on a new junior or senior in high school. (We also encourage them to maintain an informal relationship as the mentees enter college.)

## **Mentor Expectations**

- Commit approximately 2-3 hours per month to the program
- (New mentors) complete a brief interview and background check (Peak Ed will facilitate this)
- Attend a mentor training session on in August (TBA) before pairing with students
- Attend an in person meet & greet match launch to establish pairs in early September (TBA)
- Schedule monthly meetings (phone-calls/video conferences/meetings in public) with mentees (More frequent check-ins via text and/or email are encouraged but optional)
- Participate in Maia Learning training with Peak Ed's Director of College Counseling in September
- Participate in November "give back" service activity with mentee and group at Care and Share or another service opportunity if possible
- Participate in a "just for fun" activity in December if possible (TBD)
- Attend end of year celebration event in May (TBD)
- Fill out mid year survey and program evaluations at end of year
- Reach out to Anne Taylor ([anne@peakedu.org](mailto:anne@peakedu.org)) or Eric Morgan ([emorgan@biggskofford.com](mailto:emorgan@biggskofford.com)) with questions and/or concerns as they develop

**Program Timeline: August 2022-May 2023**  
**Application Deadline: July 15, 2022**

**For more information, contact:**

**Anne Taylor**

**Mentoring and College Success Coordinator**

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